



WHEN: Saturday, March 11, 2023

Start @08:00, duration between 3...4h, finish around noon

WHERE: GHMS to Print Shop

Start: Gold Hill Middle School, Fort Mill, SC

WHAT: (trail) run & ruck

joint teams of runners and ruckers

WHO: F3 PAX from all regions

WHY: satisfy your **PRIMAL INSTINCTS**

and improve your 2nd & 3rd F

1. INTRO

Gentlemen,

Since the very beginning mankind has been organized as hunters and gatherers. It is a **PRIMAL INSTINCT** and in our nature as men, as providers for our families, to roam the woods and scout for prey. Time has proven that we hunt more effectively as a pack.

With this in mind, we are introducing CSAUP “**JAEGER**”. Jaeger will assemble willing men to challenge themselves and their ability to work as a pack in a team-based CSAUP event. The theme will be a combination of “scouting and chasing the prey” (aka. trail running) and “carrying the prey and supplies back home” (aka. rucking). Each team of runners & ruckers will always merge at the painstations for joint challenges before continuing on their individual paths. But beware men, there is rumors about a wild creature scavenging the wood. Could it be the one? Only the bold will find out!

Join this event, become a **JAEGER** and satisfy your primal instincts!

2. CONCEPT + CORE FEATURES

Goal:

- merge running and rucking PAX groups and "cross-pollinate"

Means:

- team-based CSAUP with (trail) runners + ruckers working together as a PACK of 4

Theme:

- back to basics: primal hunters working together as a PACK to **CHASE, HUNT, KILL** and **CARRY** the prey
- PACK's will meet up at each painstation for joint challenges

Pack size:

- Four (4) PAX per team
- At least one (1) runner and one (1) rucker
- Ideally 50/50 split

3. DETAILS

Start:

- Gold Hill Middle School (GHMS)
- 1025 Dave Gibson Blvd, Fort Mill, SC 29708
- Saturday, March 11, 2023 @08:00

Painstations:

- **CHASE** : GMHS
- **HUNT** : Catawba park
- **KILL** : Allison park
- **CARRY** : WEP

• Finish:

- The Print Shop by Amor Artis (Brewery)
- 113 Railroad Ave, Fort Mill, SC 29715

Milage:

- Runners: 14ish miles
- Ruckers: 10ish miles
- 3h to 4h event duration

Teamwork:

- runners stay together
- ruckers stay together
- complete team challenges
- 2nd + 3rd F along the way

The Cause:

- we will also hand-over the D2D fundraiser check!